

**Present: Julia Wassell, Arif Hussain, Fay Ewing**

## **Review of existing priorities for previous Mental Health & Community and Community Cohesion sub-groups**

### **Funding applications**

- Hairoun Day Centre - Fay working with Ann Williams on revised funding application for an outreach worker and physical activity / social isolation project
- Samaritans funding application for £6,300 successful, project ongoing
- YES funding application for £10,000 successful, project to start
- 7Roadlight funding application for £6,152 in progress
- Action4Youth funding application for £40,000 over 3 year period successful, project ongoing
- Wycombe Youth Action funding application for £7,000 successful, project to start
- Transitions UK youth project funding application for £4,000 successful, project to start

### **Outstanding priorities from both sub-groups**

#### **World Suicide Prevention Day**

World Suicide prevention day 10<sup>th</sup> September - BNU keen to partner and support on the day - virtual freshers fair to promote message to students

Gazebo confirmed for High Street

JW has t-shirts and promo materials for the event

Samaritans will be present

**ACTION** - contact Liz Biggs BC Public Health to confirm if she can attend event and support - FE / JW?

HWTC also have a gazebo 3 days per week for charities to use for free on the High Street - can we use on 10th Sept and promote to charities to use - **ACTION** - ALL HWCB to promote?

#### **Mental health support**

World Mental Health Day on Sunday 10th October - idea for week of awareness starting 4th October with events

Highlight young minds - awareness for young people - would YES and CAMHS agree to be present in High Street and promote support?

End of October - JW organises the festival of health & wellbeing at the Town Hall - Connect2Serve, Khepera, WISE, BAME groups, LGBT, learning disabilities groups all present plus more

**ACTION** – Option to submit an application to the CB for funding for this event  
CB could fund extra room upstairs to deliver NHS health checks or wellbeing workshops

#### **Mental Health support for Black African and Black African Caribbean men**

Julia to park project idea until further plans or support in place to progress

## **ESOL project**

ESOL classes focused on maternity and health services support - Andrea Baughan leading on this with Claire Tilson from Healthy Living Centre and Teresa Meredith from Bucks Adult Learning.

Healthy Living Centre and Bucks Adult Learning have courses available which we can support with promotion to the right cohorts

**ACTION** - Andrea to report in 3-4 weeks on the progress of this project

**Art trail idea** - Annie could feed back in 3-4 weeks - could this link with Wycombe Arts Centre?

**Feedback from young people** - about potential priorities and what would help / support them and how to involve them in the group and identify gaps in youth provision.

Benson from the Fitness garden and Monica Bergh from Family Support Service were engaging with young people to identify ways to do this - JW suggested Benson could link this with men's suicide prevention?

**Action** - Fay to contact Benson and Monica

**Potential Stop and Search project** - suggestion from Jacque Roberts SV2G - Park stop and search and discuss this in recovery and regeneration

**Action** - Fay to update Matt Knight and Mike Dean and link with Jacque Roberts

## **Black history month October / BLM / Unconscious bias - Jacque Roberts**

could this link with wellbeing month and could Jacque Roberts deliver or help organise a talk?

Groups have joined Mimi Harker's BAME group across Bucks

Can we focus on wider diversity and inclusion

This would include and highlight support for people with learning difficulties - Gateway, BAB support groups / clubs exist but none have re-opened since pandemic and many residents are digitally excluded, Higginson Park club hasn't re-opened which supports physical and mental health and learning disabilities

Aim to be more inclusive and promote cross-intersectionality

## **New ideas for priorities for 2021/22**

- **Impact of long Covid - support from Public Health / NHS and local voluntary groups**
- **Support services for people at home with Covid-19 and self-isolating**
- **People housebound since lockdown 1 and before**
  - **Social isolation**
  - **Physical and mental health issues which are barriers to people going out again as lockdown has ease**

Wrap Covid-19 into one umbrella item

Impact of long Covid - recognition and promote support available

Idea for BFP feature and leaflet listing signposting to support for residents

Covid briefing - could this expand to Covid related health issues?

Could Wycombe Sound help to promote available support

- **Debt and homelessness**  
Links to Recovery and regeneration action group and the Financial Insecurity pilot which Gill Harding is leading on for BC
- **First Aid**  
First Aid training for residents  
Town centre event to promote first aid?  
**Action:** Arif to contact ambulance service
- **Terminally ill residents and their carers - support for carers**  
Butterfly house hospice for terminally ill residents - keen to deliver a day in September - David Haggard is the contact
- **Macmillan World's biggest coffee morning 24th September** - Town centre? - Julia to circulate note about this <https://coffee.macmillan.org.uk/>